

## All Purpose Cleaner

**Recipe 1** works on multiple kitchen and bathroom surfaces, including shower mildew and baked on microwave gunk

Combine and put in spray bottle:

- 1 T** Borax
- ½ cup** liquid castile soap (best choice: something fair trade & organic)
- ½ cup** white vinegar
- 1 gallon** hot tap water
- 20 drops** essential oil (optional) (like lemon, lime, grapefruit, bergamot, eucalyptus, lavender, tea tree)

**Recipe 2** good for scouring

Mix:

- 1 2/3 cups** baking soda
- ½ cup** liquid castile soap
- ½ cup** tap water
- 2 T** white vinegar (*add last*)



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## Countertop/Cutting Board

**Baking Soda**

**Lemon Juice**

Mix into paste and spread on surface. Let sit 30 minutes for ink and other tough stains. Wipe with damp cloth. Gets rid of smells, too.



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## Carpet Deodorizer

- 2 cups** baking soda
- 4-5** crumbled bay leaves
- ½ cup** cornstarch
- 1 T** ground cloves

Mix. Sprinkle on carpets. Let sit up to 24 hours and vacuum. Smells great! For stains, sprinkle baking soda, rub in and let sit one hour. Scrub with stiff brush and vacuum out.



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## Automatic Dishwasher Soap

- 1 cup** washing soda
- 1 cup** Borax
- white vinegar

Mix equal portions washing soda and Borax. To prevent build up, use only every 4th or 5th load, otherwise you'll end up with a white film on your dishes. Add white vinegar to the rinse cycle.



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## Dishwashing Soap

### Recipe 1

- 2 cups** soap flakes
- 1 gallon** tap water
- 25 drops** essential oil (optional) (eg. lemon, lime, grapefruit)

Combine first two ingredients in a pot on the stove and bring to a boil. Simmer until the soap flakes have dissolved, cool, then transfer to a squirt bottle. Add essential oil last.

### Recipe 2

Mix and put in squirt bottle:

- ½ cup** liquid castile soap
- 1-2 cups** water
- 23 drops** essential oil (try 20 drops lime and 10 drops sweet orange; vary scents with lemon, bergamot or lavender)



## Essential Oils

These have a long history of therapeutic effects not just a pleasant scent. For cleaning purposes, try these:

- Anti-bacterial:** geranium, lavender, lemon, lime, patchouli, tea tree
- Anti-fungal:** cedarwood, lavender, lemongrass, patchouli, rosemary, tea tree
- Grease cutting:** grapefruit, lemon, lime



## Drain De-clog

- ½ cup** baking soda
- 1 cup** white vinegar
- 4 cups** hot tap water

Pour baking soda into drain, add vinegar. Let sit 10 minutes. Chase with boiling hot water. Repeat weekly to prevent future clogs.



## Furniture Polish

### Recipe 1

- 1 cup** olive oil
- ½ cup** lemon juice

Put in squirt bottle and use cloth to polish.

### Recipe 2

- 2 T** olive oil
- 1 T** white vinegar
- 4 cups** warm water

Mix and store in spray bottle. Rub on with cloth when dusting.



## Liquid Laundry Soap

<b>½ cup</b>	Borax
<b>½ cup</b>	washing soda
<b>1 cup</b>	soap flakes or a grated bar soap
<b>2 gallons</b>	water
<b>20 drops</b>	essential oil (optional)

Combine borax, washing soda and most of the water. Boil soap flakes in remaining water and add to first mixture (you can also melt grated bar soap in the microwave). The soap will gel the mixture. If your water is hard, add more washing soda. Use about ½ cup per load. Works in cold water!



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## Fabric Softener

**1 cup vinegar**

Add to rinse cycle.



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## Powdered Laundry Soap

Mix:

<b>1 cup</b>	soap flakes or grated bar soap
<b>½ cup</b>	Borax
<b>½ cup</b>	washing soda

Use 1 T for light loads and 2 T for heavier loads.



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## Oven Cleaner

**Baking Soda**

**Water**

Mix into paste and spread over all surfaces to be cleaned. Let sit for one hour. Scrub and rinse.



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## Septic Tank Treatment

- 2 cups** brown sugar
- 1 T** baker's yeast
- 5 cups** warm water

Mix ingredients till dissolved, pour solution in toilet and flush.



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## Stainless Steel Cleaner

- Olive Oil**
- White Vinegar**

Rub surface with olive oil on a cloth. Wipe away with vinegar-soaked cloth. Let dry and watch streaks and smudges disappear.



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## Silver Polish

- 1 litre** water
- 1 T** baking soda
- 1 T** salt
- aluminum foil

Put ingredients in a pot with silver items. (If what you have needs more space, increase everything in proportion.) Boil for three minutes, making sure the foil stays in contact with the silver.



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## Toilet Bowl Cleaner

- Recipe 1**
- ½ cup** baking soda OR Borax
- ½ cup** washing soda
- white vinegar

Mix washing soda with baking soda OR Borax. Apply to surface. Scrub, then flush. Add splash of white vinegar to deodorize.



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## Tab Scrub

### Baking Soda OR Borax

Sprinkle on surface. Scrub and rinse.

\*Use all purpose scour recipe.



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## Wood Floor Polish

$\frac{1}{4}$  cup olive oil

$\frac{1}{4}$  cup white vinegar

10 drops essential oil (optional) (eg. lemon)

Mix. Spray and polish.



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## Window/Glass Cleaner

*Before you go natural you may have to use rubbing alcohol to remove the waxy residue from the store bought stuff.*

### Recipe 1

**1 litre** water

**2 T** white vinegar

Combine ingredients in a spray bottle.

For best results, use newspaper to wipe off.

### Recipe 2

**2 T** Borax

**3 cups** water

Mix and put in spray bottle.

For best results, use newspaper to wipe off.



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